

TRiO

Student Support Services

Hendrickson Annex
Rooms 103 & 109
Mailstop HA2
11120 Glacier Hwy
Juneau AK 99801
796-6306 ~ 796-6286

THE PERSISTENCE



MARCH 2007

WHAT'S HAPPENING:

DIRECTOR'S SEARCH IS OVER!

I am totally excited about the new Director. Carol has amazing energy, ideas and experience working with students in transition. I can't wait to see what ideas [Carol] has to help TRiO grow!

-Elizabeth Williams

ACADEMIC EVENTS:

Priority Registration 4/2

Open Registration 4/16

Last Day to Withdraw From Spring Classes 4/13

Finals Week 4/30-5/5

Graduation!! 5/6

CULTURAL EVENTS:

The Who's Tommy
3/14 - 4/22

UAS Spring Forum
3/29 - 3/31

Tidal Echoes Launch w/ Readings
4/7 TBA

TRiO EVENTS:

Midterm Evaluations:

March 19-30
Make an appointment TODAY!

Meet Carol Comolli! & End-of-the-Year-Breakfast:

April 28 10-12 Rec Center
Free Food!



CAROL COMOLLI—NEW DIRECTOR OF TRiO

Carol Comolli ("Rhymes with guacamole," Carol says with a laugh.) recently accepted the position as the Director of TRiO Student Support Services. She will be taking the ferry up to



Carol Comolli, new director of TRiO

Juneau and will be on Campus April 9th.

Just a few weeks ago Carol was in Juneau for her interview. She impressed the search committee with her sharp wit, quick, honest responses, and great energy. Who would expect less from a woman with a PhD and three Master's degrees all in the areas of Sociology, Anthropology and Linguistics? But don't assume that Carol is too educated to connect with students. Back in Grants Pass, OR, Carol was the director of the TRiO Educational Opportunities

Center at Rogue Community College.

The big question from our students was asked during the interview; why do you want to work with the SSS branch of TRiO? Slightly embarrassed, Carol responded: "Jealousy. We have a SSS program at Rogue, and my co-worker has such a great connection with her students. She gets to know her students as she helps them grow over the course of two to three years. In my program, I won't see the students after they're enrolled in

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MIDTERMS, MIDTERMS, MIDTERMS

Ah, Spring. A time of renewal, growth and 4 feet of snow. I hope you enjoyed the days off. Maybe you stayed in and drank cocoa, or maybe you studied for a midterm.

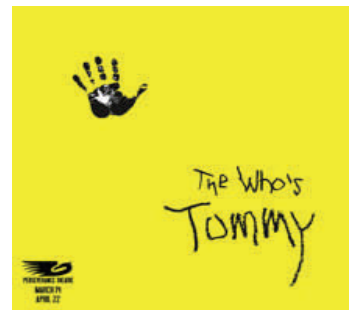
And now finals are fast approaching. I know what your thinking, and I bet it's more explicit than, "Oh, no!" Midterms were only...3 weeks ago! But don't worry, here's a stress busting tip to help you de-stress:

Chew peppermint gum!

There have been many claims that eating peppermint (be it chewing gum, candy, or essential

oil) can make you more mentally alert. Dr. Alan Hedge of Cornell University states that the results of these studies are varied, but one thing is certain: ingesting peppermint will help soothe an upset stomach. So if your midterm stress is effecting your digestion, sip some peppermint tea or suck on a peppermint candy. Other scents that are reported to have similar mental rejuvenating effects are lavender, rosemary, cinnamon, lemon, pine, and eucalyptus.

Remember to fill out your midterm evaluations and

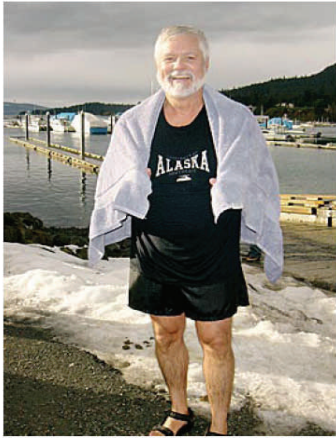


Meet with Elizabeth or Heather regarding your midterm evaluations, and get a free ticket to *The Who's Tommy!* (1st come, 1st served)

meet with Elizabeth or Heather to discuss your progress. Appointments will be held March 19th through the 30th. Tickets to *The Who's Tommy* will be available first come, first served basis.

Have any news or events you'd like to see published? Email us: trio@uas.alaska.edu

RECENT EVENTS



Chancellor John Pugh

Last year over 70 students plunged in to a cool 38 degree Auke Bay. Did you jump in this year? Send pictures!

CONGRADULATIONS!

The following students received a scholarship from TRiO for the Fall 2006 semester! Anne Blust, Erika Cross, Kari Dammerman, Starlyn Holt, Deanna Jackson, Lyle James, Naomi Jones, Isaac Kerns, Victoria Philips, Micaela Ponce, Ed Raub, and Erin Ryder. Decisions about Spring 2006 scholarship recipients will be made after April 13th.

GOING SOMEWHERE?

If you went somewhere for Spring Break, TRiO wants to know! We love receiving emails and postcards from traveling students. So if you went walking through a corner shop in the Bahamas, or ice climbing in Tibet, send us a picture or a postcard!

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ORIGINS OF TRIO

In 1968, Student Support Services, which was originally known as Special Services for Disadvantaged Students, was authorized by the Higher Education Amendments and became the third in a series of educational opportunity programs. The previous two were Upward Bound and Talent Search. By the late 1960's, the term "TRIO" was coined to describe these federal programs.

UAS became a TRiO SSS institution in early 2005, opening its doors to students for the first time

in fall of 2005. Currently TRiO SSS is serving over one hundred students, and are accepting more applications from students every day.

The UAS TRiO Student Support Services Program provides support and services to low-income students, and/or first-generation college students, and/or students with disabilities. Students can become a TRiO participant at any point in their undergraduate program (freshmen through senior), and remain eligible for program services until they receive their degree

TRiO
STUDENT
SUPPORT
SERVICES

from UAS.

TRiO SSS provides the following free services to qualifying students seeking an Associate or Bachelor degree:

- Tutoring
- Academic and Career Advising
- Laptop Checkout
- Workshops to Help You Succeed
- Jump Drives for Checkout
- Help Applying for FAFSA & Scholarships
- Access to Cultural Events
- Graphing Calculator Checkout
- Fun Social Events & More!

For More info, check out

www.uas.alaska.edu/viceprovost/triogrants

LAPTOPS & JUMP DRIVES & CALCULATORS- OH MY!

As the days draw closer and closer to spring break, the hours grow shorter to midterms! All night cramming, last



minute paper writing, and

figuring out FOILING techniques can lead to a lot of stress.

Don't forget that as a TRiO student you get exclusive access to laptops, jump drives, and graphing calculators. And unlike the Computer Lab, these

laptops can be checked out for a week at a time! Graphing calculators and jump drives can be checked out for the entire semester.

De-stress yourself and take advantage of TRiO equipment checkout!

NEW DIRECTOR CON'T

courses because that's our goal— To help prospective students apply for and enroll in College."

When the search committee told Carol about Juneau weather (rain with a chance of rain) she simply nodded. Carol has lived all over including "the Havasupai Village at the bottom of the Grand

Canyon, a Kickapoo village in Nacimient Mexico, Braintree Essex England (where I was born) and Vienna Austria. But...I have never had feelings about anyplace like I have had for Juneau. It's the only place I've ever lived that made me feel like I'd go crazy if I didn't leave after a few years and at

the same time it's the only place I've ever truly missed after I left. So far, I've spent 15 years in Juneau and I can't wait to get back!"

TRiO can't wait either. Rumor has it she's a great cook!

